



I BOW MY ATTITUDE

Psalm 95:6

*Author's paraphrase: Come let us worship and bow down, Let us bow
our attitude in worship before God.*

ATTITUDE

- ❖ Author's definition: our mental and emotional response to the circumstances of life
- ❖ Other definitions include:
 - a mental position with regard to a fact or state; a position assumed for a specific purpose; an bodily state of readiness to respond in a characteristic way to a stimulus (such as a situation)
- ❖ The Greek word *phroneo* expands
 - To give one's mind to, set one's mind on, a way of thinking

ATTITUDE OF GRATITUDE

LUKE 17:11-19

11 And it came to pass, as he went to Jerusalem, that he passed through the midst of Samaria and Galilee.

12 And as he entered into a certain village, there met him ten men that were lepers, which stood afar off:

13 And they lifted up their voices, and said, Jesus, Master, have mercy on us.

14 And when he saw them, he said unto them, Go shew yourselves unto the priests. And it came to pass, that, as they went, they were cleansed.

15 And one of them, when he saw that he was healed, turned back, and with a loud voice glorified God,

16 And fell down on his face at his feet, giving him thanks: and he was a Samaritan.

17 And Jesus answering said, Were there not ten cleansed? but where are the nine?

18 There are not found that returned to give glory to God, save this stranger.

19 And he said unto him, Arise, go thy way: thy faith hath made thee whole.

ATTITUDE OF GRUMBLING

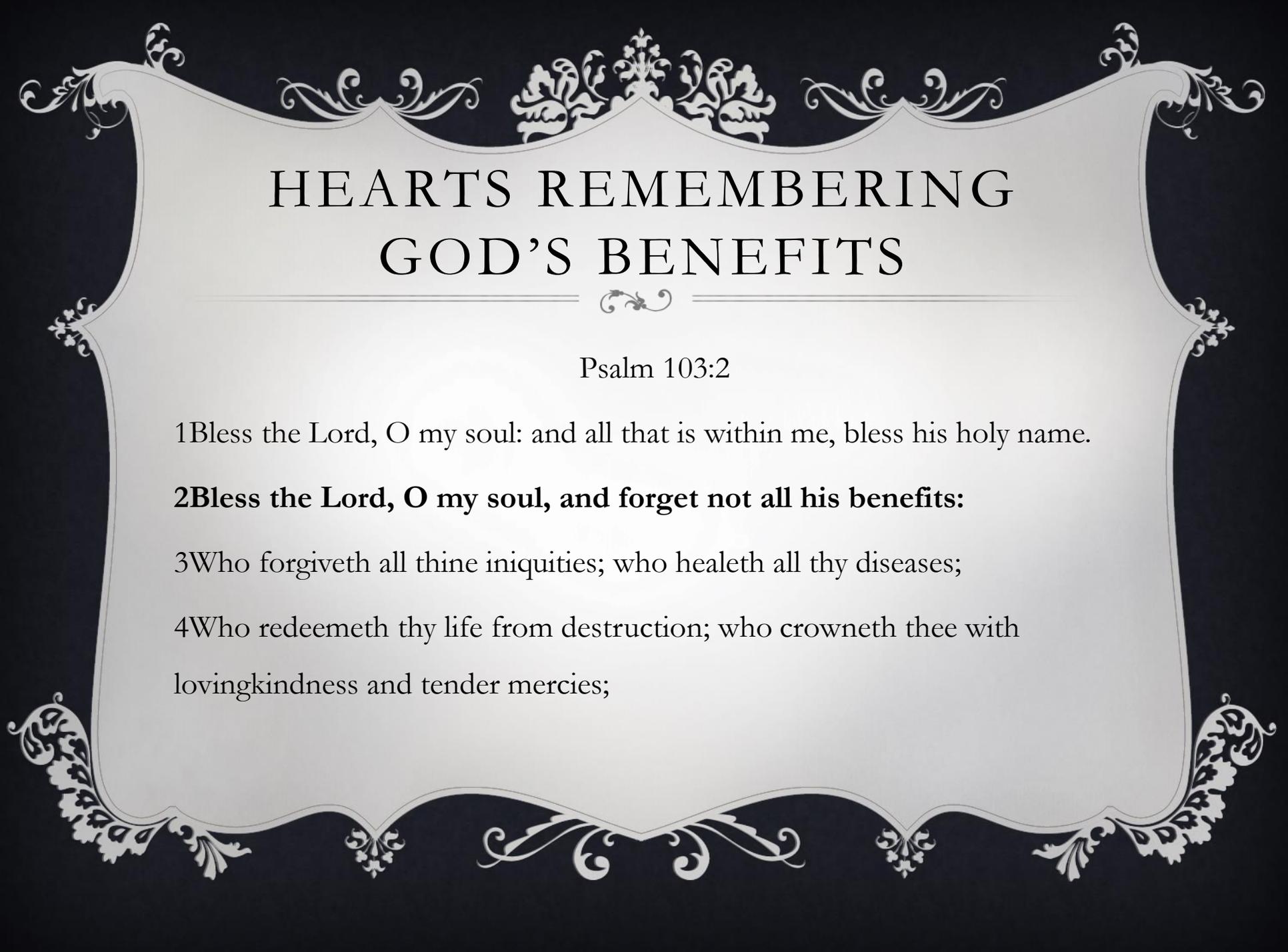
❖ Think back to 1 month ago.....

Anyone willing to share a main gripe from a month ago?

We all grumbled about something.... how has our grumbling shifted from then to now living amidst a pandemic?

❖ Now we're sheltering in place.....

How is it going? Are we grumbling?



HEARTS REMEMBERING GOD'S BENEFITS

Psalm 103:2

1 Bless the Lord, O my soul: and all that is within me, bless his holy name.

2 Bless the Lord, O my soul, and forget not all his benefits:

3 Who forgiveth all thine iniquities; who healeth all thy diseases;

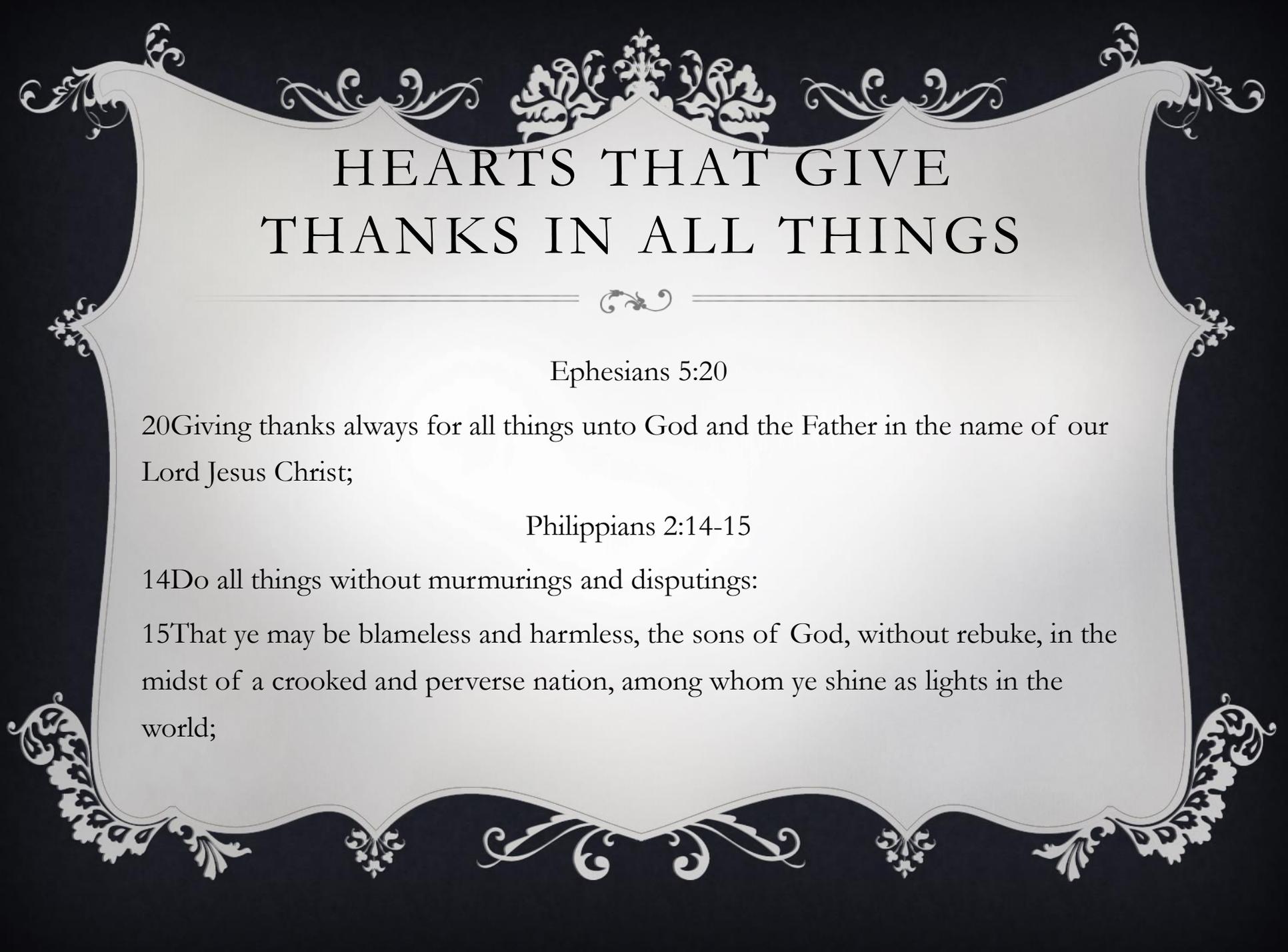
4 Who redeemeth thy life from destruction; who crowneth thee with
lovingkindness and tender mercies;



HEARTS OFFERING A SACRIFICE OF PRAISE

Hebrews 13:15

15By him therefore let us offer the sacrifice of praise to God continually, that is, the fruit of our lips giving thanks to his name.



HEARTS THAT GIVE THANKS IN ALL THINGS

Ephesians 5:20

20 Giving thanks always for all things unto God and the Father in the name of our Lord Jesus Christ;

Philippians 2:14-15

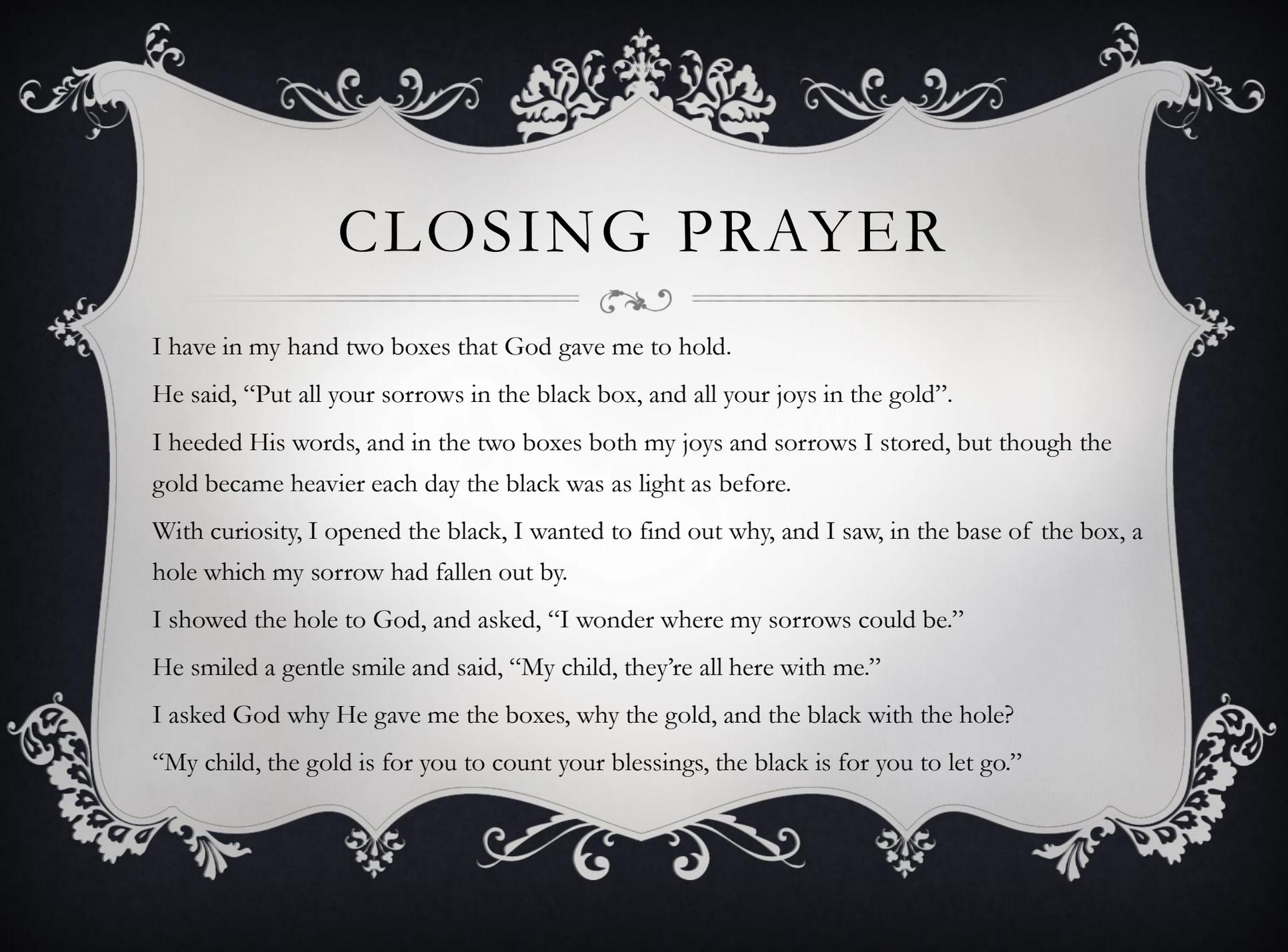
14 Do all things without murmurings and disputings:

15 That ye may be blameless and harmless, the sons of God, without rebuke, in the midst of a crooked and perverse nation, among whom ye shine as lights in the world;



MAKING IT PRACTICAL

- ❖ What are your gratitude practices?
- ❖ How are we giving amidst the pandemic?

A decorative white floral border with intricate scrollwork and leaf patterns surrounds the text. The border is symmetrical and frames the central content.

CLOSING PRAYER

I have in my hand two boxes that God gave me to hold.

He said, “Put all your sorrows in the black box, and all your joys in the gold”.

I heeded His words, and in the two boxes both my joys and sorrows I stored, but though the gold became heavier each day the black was as light as before.

With curiosity, I opened the black, I wanted to find out why, and I saw, in the base of the box, a hole which my sorrow had fallen out by.

I showed the hole to God, and asked, “I wonder where my sorrows could be.”

He smiled a gentle smile and said, “My child, they’re all here with me.”

I asked God why He gave me the boxes, why the gold, and the black with the hole?

“My child, the gold is for you to count your blessings, the black is for you to let go.”